

the Consortium

QUARTERLY



St. Louis Regional **Asthma Consortium**

Summer 2005

Volume III, Issue I

bring
pres

From the Co-Chairs

Kathleen McDarby and I are looking forward to a great year with the St. Louis Regional Asthma Consortium as we share the responsibilities as co-chairs. We have had several meetings to discuss these responsibilities and though our respective backgrounds are quite different we have discovered a shared vision for the future and direction of the Consortium. Kathleen has a Bachelor of Science in Nursing and a Masters of Public Health from St. Louis University. Her career in health care expands over 25 years, with experiences in the private sector, public sector as well as in non-for-profit and for-profit organizations. This is her 10th year with Blue Cross Blue Shield of Missouri developing, implementing and coordinating programs such as the TakeCharge® Asthma Program. I began my career in Public Health with the Tobacco Prevention Center at St. Louis University. I have worked with St. Louis County Department of Health as a Community Health Educator for the past three years. I've also had the pleasure of having been a member of the Consortium since it's inception and am proud to be a part of the development and continued growth of this organization.

In this edition of *The Consortium Quarterly*, you will learn about the Partnership Self-Assessment Survey (PSAT) that Dr. Rick Kurz and Marcia Hendrix are in the process of compiling the results. We encourage your response to this survey because it is a tool to evaluate how we are doing as an organization, which can lead to improvements in the operation of the consortium. So, please participate your feedback is valuable. There is also an article about the Asthma Friendly Pharmacies that is informative and interesting. We will be promoting the Asthma Friendly Pharmacies on World Asthma Day at Windows on St. Louis for Channel 5 on May 10th. If you would like to participate please contact Heather at 314-977-4006.

Also, just a quick update on each of the committees: **Barriers and Resources** is working on translating the Asthma Information Sheet into various languages that are appropriate to our community (i.e., Spanish, Bosnian, Vietnamese, etc.) **Best Practices** is working with the CASL Grant group on the Back to School Campaign and helping provide scholarships to the Asthma Educator Program in June. **Gathering of Asthma Resources** continues to work on the Report to the Community...be sure to get your testimonial to them as soon as possible if you haven't already. **Asthma Advocacy** has already had 20 people sign up for its Exercise Induced Asthma Workshop taking place on Tuesday May 10th at the Salus Center. If you know of any school coach or PE teacher that would be interested in attending, please call the Consortium office.

We encourage your participation and involvement in one of the Committees. Please call Lucy Reinhart at 977-8253 or go to the website <http://www.asthma-stlouis.org/> to get dates and times of committee meetings.

Our mission continues to guide the Consortium in its endeavor to close the gaps that exist between people with asthma and resources and services. We look forward to working with our fellow Board members as well as the entire membership in fulfilling this mission.

Kathleen McDarby, RN, MPH and Viviane McKay, MPH, Co-Chairs

"An empowered organization is one in which individuals have the knowledge, skill, desire, and opportunity to personally succeed in a way that leads to collective organizational success." – Anonymous

survey results

How Are We Doing?

The Board and the membership of the Consortium are committed to ongoing evaluation of our activities. To accomplish this task, the Consortium has administered by e-mail the Partnership Self-Assessment Survey or PSAT. (No, it is not the one you took in high school.) The PSAT has eleven dimensions that assess many aspects of Consortium activity and members' satisfaction with them. The dimensions include:

- ◆ Synergy (or the ability to work together)
- ◆ Leadership
- ◆ Efficiency
- ◆ Administration and Management
- ◆ Non-financial Resources
- ◆ Financial Resource
- ◆ Decision Making
- ◆ Benefits of Participation
- ◆ Drawbacks of Participation
- ◆ Balance of Benefits and Drawbacks
- ◆ Satisfaction with Participation

In this and subsequent newsletters, the results of the two administrations of this survey will be presented. The Board will be using this information to improve the Consortium and they hope that you will provide feedback to them if you have concerns about the results. Thirty-six members participated in the first survey and 45 members in the second. As a third administration of the survey occurs in May and June of this year, the Board encourages everyone to take part by responding to it. **If you did not receive the last survey by email or need to reply through a paper copy, please contact Marcia Hendrix at 977-3296.**

What does the survey tell us? One conclusion is that we still have work to do to meet and exceed the expectations of members regarding the operation of the Consortium. For example, presented below is a figure illustrating the responses of members to the dimension "satisfaction with participation".

This figure indicates that members generally speaking were equally satisfied with their participation in both the spring and the fall of 2004. They were positive – over 50 percent rated the dimension as "very good" or "excellent" in both administrations – but we want more. There is work to be done and the Board is beginning this process and would welcome your assistance with it. Get involved in a committee of the Consortium. Call 977-8253.



Want to have a say in your Consortium?

Join the committee of your choice by email at reinhart@asthma-stlouis.org or go to the website for more information at www.asthma-stlouis.org.

Salus Center
3545 Lafayette, Suite 300
St. Louis, MO 63104



St. Louis Regional **Asthma Consortium**

Heather L. Kelly
Manager of Community
Outreach/Relations
314-977-4006
heather@asthma-stlouis.org

Lucy Reinhart
Administrative Coordinator
314-977-8253
reinhart@asthma-stlouis.org

member spotlight

CLEAN AIR HOTLINE - Clean Air Project

4308 N. Grand Ave. • St. Louis, MO 63107

The North Side Clean Air Project Hotline operates a Clean Air Hotline. Any person living in the area is invited to contact the hotline any time there is an air quality complaint. The number is 314-640-2405 to report air pollution. Call them when you smell something funny, see dust, smoke or hear/see school buses idling. Remember asthma gets worse with pollution!!!

The St. Louis Regional Asthma Consortium Introduces its Asthma Friendly Pharmacies

On January 3, 2005 the **St. Louis Regional Asthma Consortium**, through the **Controlling Asthma in St. Louis** grant (**CASL**) from the **Center for Disease Control** and in conjunction with **St. Louis College of Pharmacy**, was pleased announced the launch of its **Asthma Friendly Pharmacies (AFP)**.

In response to the high rate of asthma in the St. Louis region, Asthma Friendly Pharmacies were established to provide additional education and services for people living with asthma. Pharmacists in AFPs are specially trained to teach the proper use, possible side effects, and most effective management of asthma medications. Asthma Friendly Pharmacists also act as a direct link to other health care professionals, such as primary care physicians, working to ensure better asthma management for their patients.

The pharmacists and staff at Asthma Friendly Pharmacies are committed to helping individuals and their families effectively use medications to breathe better and manage asthma. Asthma Friendly Pharmacists receive additional training in how to identify potential problems as asthma medications are dispensed. Once these problems are identified, Asthma Friendly Pharmacists work with physicians to resolve any issues. In addition, Asthma Friendly Pharmacists provide information to patients when they pick up their prescriptions about how to optimally use asthma medications.

If a person is affected by asthma, they will find that the pharmacist at an Asthma Friendly Pharmacy can help them learn many of the things they need to know about their asthma medications. For example: What are the differences between controller and relief medications? When should they use each? How do they use asthma devices so that the medications reach their lungs? How can they avoid side effects of their medications? By understanding asthma medications better, they can get the most benefit from their medicines, helping them to feel better and do the things they want to do! Look for the Asthma Friendly Pharmacy logo.

If you are a health care professional, you will find that the pharmacist can assist you in caring for your patients with asthma and ensuring optimal medication use. Asthma Friendly Pharmacists can alert you when the high use of short-acting beta agonists by a patient may indicate that their asthma is poorly controlled, or if a patient is not refilling a controller medication that you prescribed. Asthma Friendly Pharmacists can also reinforce educational messages provided by you or your office staff, for example how to use inhalers and other asthma devices or the importance of following an asthma care plan.

Asthma Friendly Pharmacies are currently located in St. Louis City, St. Louis County, Jefferson County, St. Charles County and Illinois at the Family Care Health Center Pharmacy and at participating Connect Care clinics, Schnucks Pharmacies, Walgreens Pharmacies and Shop-n-Save Pharmacies. A list of current Asthma Friendly Pharmacies is provided on page 4, with more pharmacies to be added soon.



The Best Practices Committee has grant and scholarship money available for those who would like to promote Asthma Education through out the community. Please go to the home page of the website (www.asthma-stlouis.org) and click on either the link to the Educational Program Grant or the Individual Scholarship Application for more information.

Also, the next General Membership Meeting is being scheduled for June 14th – be sure to mark your calendars and watch for your invitation.

Our Mission

The Consortium's mission is to close the gap that exists between people affected by asthma and the knowledge and services that will help them.

Our Vision

To bring together the wealth of talent and resources in the St. Louis metropolitan area to improve the health and quality of life of people living with asthma.

consortium schedule

5/2/2005	Advocacy Committee Meeting	6/22/2005	CASL Grant Leadership Team Meeting
5/3/2005	Best Practices Committee Meeting	6/23/2005	American Lung Association of Missouri's Asthma Educator Course
5/4/2005	CASL Grant Leadership Team	7/5/2005	Best Practices Committee Meeting
5/10/2005	Asthma Education/Dinner Program for Physical Education Teachers and Coaches	7/12/2005	Executive Committee Meeting
5/10/2005	Executive Committee Meeting	7/13/2005	CASL Grant Leadership Team
5/10/2005	Gathering Asthma Information Committee Meeting	8/5/2005	Best Practices Committee Meeting
5/11/2005	CASL Grant Leadership Team Meeting	8/9/2005	Executive Committee meeting
5/17/2005	Board of Directors Meeting	8/24/2005	CASL Grant Leadership Team Meeting
5/24/2005	Barriers and Resources Committee Meeting	8/31/2005	CASL Grant Leadership Team
6/7/2005	Best Practices Committee Meeting	9/6/2005	Best Practices Committee Meeting
6/14/2005	General Membership Meeting of the St. Louis Regional Asthma Consortium	9/13/2005	Executive Committee Meeting
6/14/2005	Executive Committee Meeting	9/20/2005	Board of Directors Meeting
6/15/2005	CASL Grant Leadership Team	10/11/2005	Executive Committee Meeting
6/21/2005	Board of Directors Meeting	11/8/2005	Executive Committee Meeting
		12/6/2005	Executive Committee Meeting
		12/13/2005	Board of Directors Meeting

Be sure to check the website for more information on these meetings and events.

Asthma Friendly Pharmacy Locations

MISSOURI St. Louis City

Connect Care-
Florence Hill Center
5541 Riverview Blvd.
St. Louis, MO 63120
314- 829-7027

Connect Care-
Homer G. Phillips Center
2425 Whittier St.
St. Louis, MO 63113
314-829-6023

Connect Care-
Lillian Courtney Center
1717 Biddle St.
St. Louis, MO 63106
314- 829-6117

Connect Care-Main Campus
5535 Delmar Blvd
St. Louis, MO 63112
314-879-6208

Connect Care-
Max C. Starkloff Center
2220 Lemp Ave.
St. Louis, MO 63104
314-829-7162

Family Care Health Center
401 Holly Hills Road
St. Louis, MO 63111
314- 353-5190

Myrtle Hilliard Davis
Comprehensive Health
5471 Dr. Martin Luther
King Dr.
St. Louis, MO 63112
314-367-5820 x293

Schnucks #143
3430 South Grand
St. Louis, MO 63118
314-772-5722

Walgreens #855
4 Hampton Village
St. Louis, MO 63109
314-351-2100

Walgreens #3906
7339 Gravois St.
St. Louis, MO 63116
314-752-0722

Walgreens #6472
4200 Lindell Blvd.
St. Louis, MO 63108
314-371-4286

Walgreens #7144
3631 Gravois
St. Louis, MO 63116
314-772-4446

MISSOURI St. Louis County

Schnucks #101
8200 N. Lindbergh
Florissant, MO 63031
314-921-7345

Schnucks #118
5519 Oakville Shopping Ctr.
St. Louis, MO 63129
314-892-2840

Schnucks #140
1225 S. Florissant Rd.
Cool Valley, MO 63121
314-524-4144

Schnucks #149
5055 Arsenal
St. Louis, MO 63139
314-771-5314

Shop N Save #402
10461 Manchester Rd.
Kirkwood, MO 63122
314-984-0422

Shop N Save #412
7057 Chippewa
St. Louis, MO 63119
314-645-1371

Walgreens #2672
6733 Clayton Rd.
Richmond Heights, MO
63117
314-721-6013

Walgreens #3118
1501 S. Florissant Rd
St. Louis, MO 63121
314- 521-4040

Walgreens #4701
16105 Manchester Rd.
Ellisville, MO 63011
636-391-3202

MISSOURI St. Charles County

Schnucks #123
3029 Highway K
St. Charles, MO 63304
636-240-7749

Schnucks #135
101 Civic Center Dr.
Lake St. Louis, MO 63367
636-561-3963

Walgreens #4970
2300 Old Hwy 94
St. Charles, MO 63303
636-477-7996

MISSOURI Jefferson County

House Springs Pharmacy
4642 House Springs Center
House Springs, MO 63051
636-671-4600

Shop N Save #425
1023 Crossroads Place
High Ridge, MO 63049
636-677-5380

ILLINOIS

Schnucks #119
501 Belt Line Rd.
Collinsville, IL 62234
618-345-7811

Schnucks #120
2665 N. Illinois St.
Swansea, IL 62221
618-236-1177

Schnucks #269
22046 E. County Rd.
Godfrey, IL 62035-3311
618-466-0825

Walgreens #2490
401 Beltline
Collinsville, IL 62234
618-344-6207

Walgreens #2876
3001 Broadway St.
Mount Vernon, IL 62864
618-242-1442

Walgreen #4599
704 Cambridge Blvd.
O'Fallon, IL 62269
618-632-6920